Social Prescribing drop in session



An opportunity to meet local Social Prescribers face to face & to learn more about the service

We can explain the benefits of Social Prescribing

We offer...

Social Support
Housing Support
Artistic Activities
Finanical Support
Lifelong Learning
Volunteering
Physical wellbeing

<u>2023 dates</u>

7th September 5th October 2nd November 5th December

First Thursday of every month
11am – 1pm in
Room 71 @
Belgrade Theatre

We can better support you with your Health and Wellbeing

We can show who can access the service and how

Let you know what to expect during your appointment

